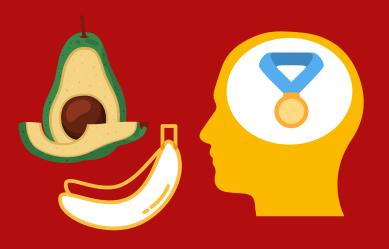
# Booking in with Athlete Services



### Step 1

Identify what it is you'd like advice or help with.



#### Step 2

Contact your Athlete Wellbeing Coordinator



Year 7 & 8 Jane Grant jane.grant@education.vic.gov.au

Year 9 & 10 Amy Holmes amy.holmes@education.vic.gov.au





Year 11 & 12 Kristen Hart kristen.hart@education.vic.gov.au

#### Step 3

Your Athlete Wellbeing Coordinator may then connect you with the

MSA Sports Dietitian

MSA
Performance
Psychologist

## Step 4

Turn up to your appointment.

