

Booking in with Athlete Services



Step 1

Identify what it is you'd like advice or help with.



Step 2

Contact your Athlete Wellbeing Coordinator



Year 7 & 8
Jane Grant
jane.grant@education.vic.gov.au



Year 9 & 10
Amy Holmes
amy.holmes@education.vic.gov.au



Year 11 & 12
Kristen Hart
kristen.hart@education.vic.gov.au

Step 3

Your Athlete Wellbeing Coordinator may then connect you with the

MSA

Sports

Dietitian

or

MSA

**Performance
Psychologist**

Step 4

Turn up to your appointment.

